



THE NATIONAL ASSOCIATION  
OF LARYNGECTOMEE CLUBS



# About Us



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The formation of a National Association of Laryngectomy Clubs (NALC) arose from a meeting in London in 1975. Members of three London groups met with the knowledge and support of groups in Bristol, Nottingham and Birmingham. The purpose of the proposed association was to look after the interests of all laryngectomee patients and in 1976 NALC was inaugurated as a registered charity.

Today NALC has affiliated clubs around the country and offers a range of services to laryngectomees, their families and their carers. An important role of the clubs is to provide the sort of non-medical help and information that can only come from experience of living as a laryngectomee.

The National Association of Laryngectomee Clubs is a registered charity No: 273635 and relies on public donations for the funds necessary to pursue its objectives.

# Services Provided by NALC

<b>SERVICE</b>	<b>DESCRIPTION</b>
<i>Information for Patients</i>	We provide leaflets and dvds to help and inform patients before and after their laryngectomy operation. Many hospital trusts provide their patients with our information packs.
<i>Information for Clinicians</i>	We provide more technical information for medical staff, especially community nurses.
<i>CLAN</i>	Our quarterly newsletter keeps members up to date with new developments and activities in our affiliated clubs.
<i>Telephone Advice</i>	Our helpline provides a nationwide resource for laryngectomees who need help and advice. We also assist professionals, in a variety of settings, who work with laryngectomees.
<i>Support for Local Groups</i>	We support local clubs in a variety of ways and are especially keen to help new or changing groups.
<i>Website</i>	Our website provides speedy access to our information with material available for download and also all the news of planned events.
<i>Zoom Meetings</i>	Online meetings, using the Zoom platform are organised throughout the year. We invite guest speakers, often clinicians experienced in working with laryngectomees.
<i>Education Programme</i>	We contribute to training days at universities and hospitals for nurses and emergency service workers, to advise on the needs of neckbreathers. We work with the National Tracheostomy Safety Project.
<i>Research</i>	NALC supports relevant studies in applications for funding and members contribute by reviewing patient leaflets, joining steering committees and sharing experiences with researchers.
<i>Providing a Patient Voice</i>	For many years NALC has provided a patient voice on relevant national groups including NICE guideline and quality standard committees. We are involved with the UK Head and Neck Cancer Coalition which was formed in 2022.
<i>Swimming</i>	NALC can signpost training and assistance for laryngectomees who wish to return to swimming.
<i>Social Media</i>	We are on Twitter, Youtube and Facebook .

# How you can contact us...



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## **Web**

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Certified member

This organisation has been certified  
as a producer of reliable health and  
social care information.

[www.theinformationstandard.org](http://www.theinformationstandard.org)

May 2016 \* Version 4 \* Review 2018